



Code of Ethics and Conduct March 13, 2008

***PREAMBLE TO CODE OF ETHICS AND PROFESSIONAL CONDUCT**

This Code of Ethics and Conduct is a summation and declaration of acceptable, ethical and professional behavior by which all Registered Yoga Teachers (RYT) and Registered Yoga Schools (RYS) agree to conduct the teaching and business of Yoga. The Code is not intended to supersede the Code of Ethics or Code of Conduct of any school or tradition, but is intended to be a basis for yoga ethics.

CODE OF ETHICS AND CONDUCT

As a Registrant of the Federation of Ontario Yoga Teachers (FOYT) and as a Registered Yoga Teacher (RYT) or representative of a Registered Yoga School (RYS), I agree to uphold the ethical principles set forth in the following Code of Ethics and Conduct:

1. *Create and maintain a safe, clean and comfortable environment for the practice of yoga.
2. *Encourage diversity actively by respecting all students regardless of age, physical limitations, race, creed, gender, ethnicity, religious affiliation, or sexual orientation.
3. Maintain the best interest of my students as my primary obligation and respect their rights and dignity.
4. Protect the confidentiality of student information.
5. Adhere to the 5 traditional yoga principles as written in:
 - the Yamas - right conduct towards others
 - non violence
 - not stealing
 - not grasping, that is, not exploiting others
 - truthfulness
 - practicing moderation
 - the Niyamas - right conduct towards self
 - contentment
 - purity, that is cleanliness and clarity
 - self study and observation
 - discipline
 - devotion to a higher power/purpose
6. *Uphold the integrity of my vocation by conducting myself in a professional and conscientious manner.
7. Promote excellence in the practice and teaching of yoga.
8. *Acknowledge the limitations of my skills and scope of practice and where appropriate, refer students to seek alternative instruction, advice, treatment, or direction.
9. *Avoid words and actions that constitute sexual harassment.
10. Open and honest discussion of fees with students.

*from the Yoga Alliance Code of Conduct, effective November 19, 2004

This Code of Ethics and Conduct is modeled on the Yoga Alliance Code of Conduct (effective November 19, 2004) and modified to reflect the values and aspirations of the Federation of Ontario Yoga Teachers. We are grateful to the Yoga Alliance for paving the way.



I understand that by signing this document, I agree to honour the FOYT Code of Ethics and Conduct as outlined above, as a prerequisite for FOYT Registration and as a requirement for the maintenance of FOYT Registration. I also understand that should a complaint be filed against me with regard to the FOYT Code of Ethics and Conduct, disciplinary action may be taken by FOYT's Ethical Complaints Committee and may include (but not limited to) reprimand, continuing education requirements or withdrawal of FOYT R status.

Name (please print):

Signature:

Date:

Please complete and mail this page with your OYA Registration application to the OYA office at PO Box 2107 Square One Post Office Mississauga ON L5B 3C6.